



# CHOWRENGHEE TIMES

September - October | 2024-25

★ ROTARY CLUB OF CALCUTTA CHOWRENGHEE ★

ROTARY INTERNATIONAL  
District 3291



**Gaurav Gupta**

Dear Club Members,

The months of September and October had a myriad of several activities, centred around Members engagements, continuance of our regular service projects as well as introduction of some unique new Service projects along with the Regular meetings with insightful speakers.

The Club projects began with a very successful hearing aid distribution camp at Amoragori for twenty-two beneficiaries, followed by the "Club Foot" project in association with Cure (India). We are targeting to provide foot abduction braces to nearly 100 children. Twenty-five Solar Street Lamps of 20 watt each with 6 metre poles were installed at Kishorepur, Amtalla.

In October the Club organised a Breast Cancer awareness camp and also the distribution of the Stree sanitary pads at Joynagar. A blood donation camp, "Dil Dhadakne Do", supported by Life Care Blood Centre was organised on 27th October where our club members and their families along with other volunteers donated blood.

To celebrate World Peace Day, an exceptional seminar was held at our Interact School, Indus Valley World School. Students from BDM International and Sri Sri Academy, our fellow Interact schools, participated with great enthusiasm.

An unique initiative, "Project Muskaan" was organised for our children of Rotary Chowrenghee Vidyalaya to get them new clothes before the ensuing festive season. The children's excitement and joyful smiles created a truly magical atmosphere.

The Rotary Charity Bowl 2024, held on September 29th at "That Place" arena, was a successful fundraising event that also fostered a strong sense of camaraderie and excitement among participants. The event's unique format effectively combined the goals of raising funds for charitable causes with creating a fun and engaging experience for everyone involved. Overall, the Rotary Charity Bowl 2024 served as an excellent example of how fundraising and fellowship can be combined to create a truly impactful event.

Our highly successful fundraiser, Parampara-Pret, took place on October 17th and 18th. This popular event was instrumental in generating significant resources that will enable us to continue our various community projects aimed at improving the lives of the less fortunate.

The Diwali Fellowship was held on 26th October and was very well attended fostering great camaraderie. The event, enhanced by music and dance, was held against the backdrop of Kolkata's beautiful skyline.

I would like to express my sincere gratitude to all our members for their active participation and dedication in making these activities a success. Your contributions are invaluable, and I am excited to continue working with you all in the coming months.

Best regards,

**Gaurav K Gupta**

President 2024-25

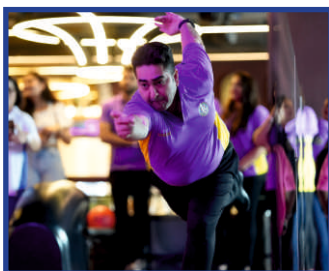
### Life without Medicines

Life without Medicines was a wonderful talk conducted by Dr Nandita Shah from Sharan India at the Hotel Hindustan International on 13th September. This was a joint meeting between Rotary Club of Calcutta Mahanagar and Rotary Club of Calcutta Chowrenghee. It was very enriching to hear Dr. Shah speak about plant based nutrition and whole food. The talk was very informative and myth busting regarding certain foods and their benefits. It is remarkable that her diet and recommendations have cured chronic illnesses pan India. The event was carefully curated and included a plant-based menu for dinner. Members from both clubs attended and it was a full house.



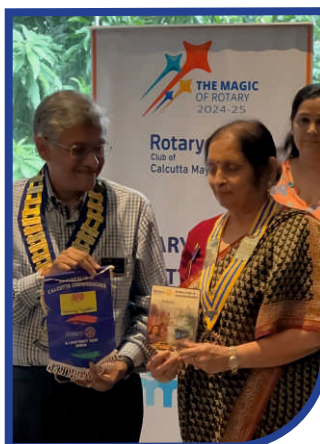
### Charity Bowl

Rotary Chowrenghee hosted an auctioned fundraiser in a Bowling Alley, "That Place" on 29th September. Members and their families participated with enthusiasm and huge numbers with the youngest member being 10 and oldest 70. The auction had been held at Rtn. Vrinda Kanoria's residence and the event was powered by Vyana Sports headed by Abhenav Khettry. 8 teams performed and an enthralling competition ensued. The winners received cash prizes as well as corresponding medals. The winning team was Blue Crest Strikers owned by Manisha Srivastava and Pawan Kejriwal and runners up Vyana Warriors, owned by Abhenav Khettry and Vidhi Beri. Prizes for best bowler, most spares, most strikes individual and team based were also given.



### Finding your Oasis

The joint meeting with Rotary Club of Calcutta Mayfair was held on 5th October at the Bengal Rowing club with celebrated author and success coach Sandeep Mall. He empowered us with simple language and analogies to find our own oasis. How to use the positive power of stress and introduce small stresses in daily life to adapt and challenge yourself. He emphasized letting go of all things out of our control and avoiding situations of chronic stress entirely. Most of us were enthralled by his life insights and how he has managed to live in a five generation family home situation and continues to thrive with his own grandparent and grandchild under the same roof.





## Diwali Fellowship

The Diwali Fellowship event organized on the 26th October was a memorable evening filled with vibrant festivities where friends and families came together to celebrate the spirit of Diwali. The setting was mesmerizing to say the least, the cool breeze at the terrace on the 23rd floor, the intoxicating view of the Kolkata skyline. The night sparkled with a blend of joyous music, delicious food, festive drinks and lively dancing, creating a wonderful atmosphere for all. From traditional tunes to modern beats, everyone hit the dance floor, sharing laughter and making lasting memories. There was a lucky draw, where prizes were given out to the lucky members and their families. The warm fellowship and festive ambience made it a truly special gathering that embodied the joy, togetherness and cheer of Diwali. A special shout out and thanks to the hosts Aditya and Sunira Chamaria to make this a truly special, joyous evening, an evening to cherish.



## Parampara Pret Exhibition

Fundraisers are a great way to empower charitable endeavors. RC Chowrenghee boasts of a two decades long history of such a prolific fundraising event such as Parampara. It is a brand that celebrates the clubs success and outreach yet again this special silver jubilee year. Parampara Pret was held at the Grand Oberoi hotel with the necessary pomp and grandeur on 17th and 18th September. As usual the display and participation was exemplary. The Parampara team ensured that the design and ambience was extremely inviting and tasteful. The event was inaugurated by film actress, Ekavali Khanna and it was an absolute honor to have her with us. She congratulated all the members of The Rotary Club of Calcutta Chowrenghee for 25 years of remarkable work in uplifting the underprivileged.





## PROJECTS



### DISEASE PREVENTION

#### ● Club Foot Project

On 5th and 17th September our members visited the Shambhunath Pandit Hospital for the Club Foot Project. Our club is sponsoring the project of foot abduction braces for 50 children.



#### ● Life Beyond Cancer

The visit to Saroj Gupta Cancer Centre was well timed in September which is the month for Pediatric Cancer. On 21st September President Gaurav Gupta, PP Jayshree Sanghvi, Club Secretary Aditi Saraogi and other club members went to the SGCC, Thakurpukur along with IVWS interactors. President Gaurav distributed goody bags for the pediatric cancer children while the interactors brought a relief in their day by playing the guitar and adding music into their lives.



#### ● Stree Sanitary Pads

The distribution of the reusable Stree Sanitary Pads was done at Joynagar on 19th October with 150 women attending the event on 19th October. Menstrual health holds great significance as it constitutes a fundamental aspect of overall health and well-being. It possesses the potential to exert a substantial influence on the physical, mental, and social health of individuals who identify as women worldwide.



#### ● Dialysis Centre Project KSS

The Monthly visits to Kolkata Swasthya Sankalp happened on 16th September and 8th October under the dialysis project REN-NEW. The Rotary Club of Calcutta Chowrenghee subsidises all the treatment of almost 800 kidney patients each month.



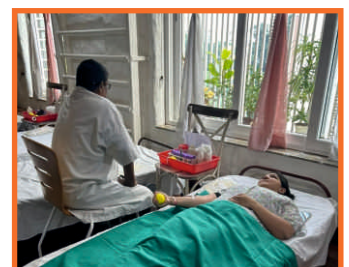
#### ● Blood Donation Camp at RCC Egaragram

A blood donation camp was organised on 22nd September at our RCC at Amtalla in collaboration with Kothari Medical Clinic. Almost 100+ blood donors came for the camp. It was a fulfilling experience for Executive Secretary Rohit Kedia and PP Vikram Tantia.



#### ● Dil Dhadakne Do

The Blood Donation Camp successfully organized by Rotary Club of Calcutta Chowrenghee was held at The House of Sow, Alipore on the 27th October organised by Rtn Devashish Dabriwal. With enthusiastic participation, the event collected numerous blood units contributing significantly to local health care needs. Our Club Secretary Aditi Saraogi also graciously volunteered to be a blood donor. A special thanks to Life care Blood Bank for the invaluable support in making the blood bank a success.





## ● Breast Cancer Awareness Camp

A Breast Cancer Awareness camp was held at Joynagar on 19th October with the instructors from Hitaishini. Almost 150 women attended the event which was organised in association with the Human Development Centre, Joynagar. President Gaurav & PP Vikram Tantia attended the event.



## ● Project Muskaan

Project Muskan aimed to bring the joy of festive shopping to the children of Rotary Chowrenghee Vidyalaya. On September 28th, more than 50 students visited the Thakurpukur shopping center, each with a Rs 1200 voucher to spend as they wished. Our members, along with volunteers from Sri Sri Academy and teachers, guided the children through the mall. For many of these children, who often share a single set of clothes with their siblings, this was a chance to learn a new skill and enjoy the excitement of the festive season.



## MATERNAL AND CHILD HEALTH

### ● Hearing Aid Distribution

On 2nd September, President Gaurav Gupta and Rtn. Sangeeta Gulati went to the Amorangori Juba Sangha to distribute the hearing aids post the screening test held in August. The 22 beneficiaries included a four year old child.

Through the wondrous experience of Rotary, the enchantment of sound unfolded as it touched the child's ears. The expressions observed following this initial encounter with sound defied description and conveyed the profound impact it had.



## LITERACY

### ● New Generation - World Peace Day

The Indus Valley World School hosted a wonderful peacekeeping seminar on September 19th. Interactors from our other Interact Schools, BDM International and Sri Sri Academy, also participated. Alongside an amazing keynote speaker journalist and filmmaker Ms Sudeshna Roy, we had facilitators who conducted workshops seamlessly on different topics, including our Club Secretary Aditi Saraogi who conducted an interesting session on clay modeling.



### ● Teach for India

On 3rd September, PE Vidhi Beri conducted a health and leadership workshop at a Teach for India School in Howrah as a Rotary Leader and representative. 50 students from class 2, aged 7 years, attended the interactive workshop which was organized as a special learning session for Leader's Week.



## ENVIRONMENT

### ● Project Unnati

Our club completed the installation of the two tube wells, numbered five and six, at Amorangori on the 19th October. This accomplishment fills us with a profound sense of fulfillment, as we are honored to contribute to the betterment of underprivileged communities, particularly in regions grappling with severe water scarcity. The project's subsequent two tube wells, numbered seven and eight, are presently under construction and are anticipated to be completed in November. We extend our sincere gratitude to Rtn Yashodhara Khaitan for her generous donation, which has made this endeavour possible.



## BOARD MEETING

The second board meeting was held on 20th September at Secretary Aditi Saraogi's residence. President Gaurav Gupta reviewed the past three months, highlighting the successful completion of the Club Foot and Hearing Aid projects. Other key topics included the upcoming Charity Bowl Fundraiser, the completion of CSR brochures, the launch of Easy School 3, a new global grant project at Jadavpur University, potential new membership, and the status of TRF donations.



## ACHIEVEMENTS



Rtn. Nutan Jaiswal's granddaughter Myra won second place in "Academic Bowl for History" in entire Georgia state, USA



Rtn. Sangeeta Sood's daughter Tanvi Sood, Digital Content Editor at REPUBLIC MEDIA NETWORK is with Finance Minister Smt. Nirmala Sitharaman.



### September

1st	Neotia Dinesh
4th	Kanoi Nisha
7th	Jain Alka
9th	Kariwal Vivek
14th	Todi Sangita
14th	Agarwal Pravin
19th	Himatsingka Gaurav
27th	Chitlangia Archana
30th	Modi Meenakshi

### Birthdays of the Month

#### October

6th	Saraogi Aditi
7th	Kajaria Ravi Kumar
7th	Daruka Sanjeev
15th	Surana Ashok
16th	Jalan Divya
17th	Debashish Dabriwal
23rd	Kanoria Neeraj
23rd	Almal Ritu
29th	Gaurav Kumar Gupta

### Anniversaries of the Month



#### October

15th Kapur G M & Uma  
23rd Jairath Leena & Vikram



Peace and conflict  
prevention/  
resolution



Disease  
prevention and  
treatment



Water and  
sanitation



Maternal and  
child health



Basic education  
and literacy



Community  
Economic  
Development



Environment



# SEVEN AREAS OF FOCUS

PRESIDENT: GAURAV K GUPTA ★ SECRETARY: ADITI SARAOGI ★ EDITOR: VIDHI BERI